

## **SHARKS: Week of July 21st, 2008**

Great team effort against GreenMeadow on Saturday, especially during the exciting relay races! Again, the final score was Sharks:240 Marlins:230

### **More Best of the Personal Bests!**

There were 101 personal bests achieved in our meet against GreenMeadow. Way to go Sharks (especially our youngest Sharks!) Here are the **TOP TEN**:

Mathew, Fujii (6)	Male 6 & U 25 Free	<b>-19.09</b>
Johnson, Carina (4)	Female 6 & U 25 Back	<b>-15.99</b>
Baylor, Jason (6)	Male 6 & U 25 Breast	<b>-7.84</b>
Baker, Ava (5)	Female 6 & U 25 Fly	<b>-7.17</b>
Chang, Daniel (6)	Male 6 & U 25 Breast	<b>-6.81</b>
Fujii, Benjamin (8)	Male 7-8 25 Fly	<b>-5.02</b>
Kuehn, Lindsey (5)	Female 6 & U 25 Back	<b>-4.38</b>
Feng, Stuart (6)	Male 6 & U 25 Free	<b>-4.34</b>
Lund, Anna (9)	Female 9-10 25 Fly	<b>-3.92</b>
Adams, Clay (5)	Male 6 & U 25 Back	<b>-3.68</b>

## **Take Your Marks and Get Ready for the CHAMPS Meet this Saturday, July 26<sup>th</sup> at the Avery Center at Stanford!**

Don't forget to read your CHAMPS newsletter (attached again) early this week!

Here are directions:

<http://gostanford.cstv.com/facilities/stan-avery-aquatic-center.html>

**Coach Linh says "Don't be late for warm-ups!" "Check in at 7:45am!"**

**Coach Linh has a new cheer. Please help your children learn it for the meet.**

1-2-3-4 Greenmeadow is hardcore! (team repeats)

4-3-2-1 Swim with Eichler, it's fun! (team repeats)

2-4-6-8 Saratoga Woods is great! (team repeats)

3-5-7-9 Oh, Brookside you're so fine! (team repeats)

10-11-12-13 Laurelwood is quite a team! (team repeats)

5-10-15-20 Don't you know the Sharks are money! (team repeats)

Cu- pertino, Cu- pertino SHARKS! x3 (crescendo, go hyphy/dance party with Shark arm-chomps)

## **Thank you for the Swim Team Sleepover!**

Thank you to Cindy Springsteel, Scott Hughes, and a platoon of brave parents and coaches who managed the annual sleepover/dinner/movie/jam session! If you could gauge the event based on how tired the parents were, and how peppy the kids were the next morning, then it was a huge success! Text messages, Twitter posts and Facebook “newsfeeds” intercepted after the event unanimously referred to the event as “wkewl (or “way cool” for those of you over 30). And thank you to Barbara Goldman for the special Pre-Champs T-shirt sale! Now we can both swim *and* dress with class at Champs.

## **SHARKS Pre-Champs Spirit Breakfast, THIS Friday, July 25th**

We’ll see you at the traditional Sharks pre-Champs “Spirit Breakfast” this Friday morning, July 25<sup>th</sup>. There will be a light swim practice from 9-9:45am followed by breakfast from 9:45 – 10:30am. Then, we will be decorating cars from 10:30 – 11:00am. Bring an appetite and join the fun!

## **Awards Ceremony, Saturday, July 26<sup>th</sup> after Champs**

Don’t miss it! 7:30-9:30pm @ CHSRC on the lawn. Trophies will be distributed. **New!** Cake will be served. Bring drinks for your own family and another desert if you would like something other than cake. Also bring chairs to sit on, a flashlight, and blankets to keep you warm during the slide show. Slide show starts at 9:00 p.m. **Special Note: Come early to set up for the ceremony or plan to stay late to help clean up.** See you there!

## **SHARKS 2008 Season Photos—check them out!**

Check out our team photos from 2008 swim season! Special thanks to WPRS (web and photo rock star) Scott Johnson and photographer Lauren Ward for contributing and organizing them. <http://cupertinosharks.phanfare.com>

## **GO SHARKS!**

Veronica Lentfer

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