

## **SHARKS: Week of June 30<sup>th</sup>, 2008**

Great effort yesterday at the dual meet against Brookside! There were many new personal bests reached. We will get you more details on next week's email. Thank you to all coaches, parents and volunteers for a really fun day!

There is NO meet next Saturday July 5<sup>th</sup> (BYE) so enjoy a free weekend before getting fired up for our dual meet against Eicher in Palo Alto on Saturday, July 12<sup>th</sup>. Swim practice will be held this week as usual except for Independence Day, July 4<sup>th</sup>.

### **Independence Day Party (All Club Event)**

Don't forget there is also a 4<sup>th</sup> of July Celebration Club Social from 1-4PM including games, races, and prizes. Don't miss the fun!!

### **Pizza Movie Night Thursday, July 10<sup>th</sup>**

Don't forget to mark your calendar for Thursday evening, July 10<sup>th</sup> for one of the swim team's favorite events...the Pizza/Movie Night! More details to follow!

### **Starlight Swim Party**

Thank you to Lauren Ward, Therese Ducharme, Rommy Zapp, club lifeguards, and a team of fun-loving card sharks for a wonderful Starlight Swim Party. A post-party poll rated it a "Royal Flush!"

### **Photos and Video clips**

Please send us your favorite photos from swim meets and swim team events so we can get them ready for our end of season awards ceremony! Please email them to [cuphill.sharks@gmail.com](mailto:cuphill.sharks@gmail.com)

### **Ribbon Filing**

If you are at the club and have a few extra minutes, please see if you can help file ribbons in the ribbon box! Thank you!

### **Team Relays**

We would like to ask all parents of children under 9 years old to assist with gathering children together for each relay team and helping them as needed with the right starting time. Thank you!

### **Cheer on the Sharks in style with a Sterling Silver necklace!**

Several people have asked us to resend this information about the silver Sharks necklace. Alisa Wetzel, a Lincoln mom and artist has a special offer for the Sharks community.

Her product, Mini Mosaic is a sterling silver pendant frame that holds interchangeable tiles depicting images derived from fine art, photography, color, patterns, poetry, and quotations. More on this below market priced offer:

\$40 for Pendant and a Sharks logo tile. Pick your favorite from the two designs( see attached pdf file).

A separate set of 3 tiles is available for \$15,

Many other tile designs available. (This pendant will soon be available for sale at the SF Museum of Modern Art for twice the price.)

To inquire please call or email

Alisa Wetzel

408-255-3217

[wetzeldesign@yahoo.com](mailto:wetzeldesign@yahoo.com)

### **Swim Team Clinics**

Clinics are a great way to give your swimmer personalized instruction on his/her specific needs. They are open to all ages and are **first-come, first-serve with no participation limits after Monday, June 30th**. Before June 30th, if you are interested, please sign up for 1 clinic per swimmer in the white binder with the yellow cover labeled "Swim Team Clinic Sign-ups," located in the lifeguard shed.

After June 30th, you may sign up for as many clinics as you like. **We are only accepting in-person sign-ups that are written in the white-yellow binder** (no email reservations will be accepted as I will not have access to the binder when I am online). Reserved clinic spots will only be honored if they are paid in-full the day of the clinic. Walk-on participants will be accepted if there are available spots that day.

**Clinics will be held 3 times a week at 12:00pm and 12:30pm -- they will last for 30 minutes.** Please see the white binder with the yellow cover in the lifeguard shed for available days and times. If you cannot participate during these times or the clinic(s) are full and are still interested in private lessons, Coach Kevin is available. Please see him for available times or call 408-315-3443. You can also arrange a small-group private lesson for the same cost as the Swim Team Clinics -- please see Coach Kevin for details.

There are clinics for the following categories:

1. Butterfly
2. Backstroke
3. Breaststroke
4. Freestyle
5. Starts and Finishes
6. Open Turns (Fly, Breast)
7. Flip Turns (Free, Back)
8. Relay Starts and Finishes
9. If you have an area of need that is not included and have other swimmers with the same need, please let me know and we will arrange a clinic with that focus.

### Quick Facts

Cost: \$10 per swimmer

Limit: 3 swimmers per clinic \*If there are less than 3 swimmers- 2 swimmers (\$15/swimmer), 1 swimmer (\$30/swimmer)

Age limits: **Please sign-up your swimmer for clinics that have other swimmers close to his/her age or ability--** Changes may occur if age range of clinic is inappropriate

Payment: All fees are paid to Coach Linh on the clinic day for correct fee --  
**Checks payable to Cupertino Hills Swim and Racquet Club.** Each

clinic generates some money that goes back to the swim team!! :)

These clinics are only available for Cupertino Hills Sharks Swim Team members, so sign-up for 'em while they're hot and still open!

**GO SHARKS!!!!**

Swimmin' fast with class,

Coach Linh and Coach Kevin

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Clinic Days- See available days and times in white-yellow binder

1. 6/23 – 6/27 (Friday)
2. 6/30 – 7/4 (Mon, Tue, Thu)
3. 7/7 – 7/11 (Mon, Wed, Fri)
4. 7/14 – 7/18 (Tue, Thu, Fri)
5. 7/21 – 7/25 (Mon, Tue, Wed)

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~Linh Luong

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